



American Red Cross Southwestern NY Chapter Serving Chautauqua - Cattaraugus and Allegany Counties

Health and Safety Course Schedule July-December 2009

Registration Policy

- All registration is required in advance
- Register in person at any of our Red Cross offices
- Mail payment with name, address, phone number and date of class
- Call the Dunkirk office at 366-4433, Jamestown at 664-5115, Olean at 372-5800 or Wellsville at 585-593-1531 to use Mastercard, VISA or American Express

The current schedule is also available online at <http://www.chautauquaarc.org>

Register early to avoid being closed out of sessions. They can fill quickly.

Cancellations: We reserve the right to cancel a course due to insufficient enrollment or circumstances beyond our control, such as inclement weather. Every effort will be made to contact students in the event of a cancellation.

Refunds/Transfers: Refunds or transfers will be considered when the American Red Cross cancels a class due to weather-related conditions or circumstances beyond our control, or if enrollment is not sufficient to hold a class.

Red Cross Course Locations:

Dunkirk - 212 Lakeshore Dr., W., Dunkirk, NY 14048 Phone 366-4433
Jamestown - 325 E. 4th St., Jamestown, NY 14701 Phone 664-5115
Olean - 452 North Barry St., Olean, NY 14760 Phone 372-5800
Wellsville - 112 N. Main St., Wellsville, NY 14895 Phone 585-593-1531

New Online Training

We are excited to be able to offer CPR and First Aid training online. You can visit our online training site at <http://redcrossonlinetraining.org/Distance/Default.aspx?chid=236> to sign up for your choice of classes. Registration and payment are easy and the classes are designed to be very user friendly. Once you have successfully completed your online training, you will be issued a Verification Code. You must then contact the Chapter to sign up for your required skills session.

Community First Aid and Safety

Train individuals and families to overcome any reluctance to act in emergency situations, such as respiratory or cardiac problems, sudden illness, or injuries to infants, children and adults. You will learn how to give CPR to an infant, child or adult, and how to care for someone who has stops breathing and is choking. Identify how to use the Emergency Medical System effectively, and how to care for non-life threatening emergencies using First Aid.

1 year certification for CPR

3 year certification for First Aid

Pricing for Community First Aid and Safety:

Course Needed:	With Materials	Without Materials	
Adult, Infant and Child CPR + First Aid	\$ 65.00	\$ 60.00	
One CPR and First Aid Basics	\$ 55.00	\$ 50.00	
Adult, Infant and Child CPR	\$ 55.00	\$ 50.00	
Adult OR Infant and Child CPR	\$ 45.00	\$ 40.00	
First Aid only	\$ 40.00	\$ 35.00	
AED (Automated External Defibrillator)	\$ 10.00	\$ -	Must have Adult CPR or taking CPR

Community First Aid and Safety Schedule

Jamestown - all classes 6-10pm

	ACPR	I/C CPR	First Aid
July	M 20th	W 22nd	Th 23rd
Aug.	Tu 11th	Th 13th	M 17th
Sept.	W 9th	Th 10th	M 14th
Oct.	Th 15th	Tu 20th	Th 22nd
Nov.	M 16th	W 18th	M 23rd
Dec.	Th 17th	M 21st	Tu 22nd

Dunkirk - All classes 6-10pm

	ACPR	I/C CPR	First Aid
July	Tu 14th	Th 16th	Tu 21st
Aug.	W 19th	M 24th	W 26th
Sept.	M 21st	Tu 22nd	Th 24th
Oct.	Tu 13th	W 14th	M 19th
Nov.	M 9th	Th 12th	Tu 17th
Dec.	M 7th	W 9th	Th 10th

Olean - all classes 6-10pm

	ACPR	I/C CPR	First Aid
July	M 6th	W 8th	M 13th
Aug.	Tu 4th	Tu 11th	Tu 18th
Sept.	M 14th	W 16th	M 21st
Oct.	M 5th	W 7th	M 12th
Nov.	Tu 10th	Tu 17th	Tu 24th
Dec.	Tu 1st	W 2nd	Tu 8th

Wellsville - all classes 6-10

	ACPR	I/C CPR	First Aid
July	Tu 14th	Th 16th	W 22nd
Aug.	Tu 11th	Th 13th	W 19th
Sept.	Tu 15th	Th 17th	W 23rd
Oct.	Tu 13th	Th 15th	W 21st
Nov.	Tu 10th	Th 12th	W 18th
Dec.	Tu 8th	Th 10th	W 16th

CPR for the Professional Rescuer/AED (CPR/FPR)

The full course is for those with a duty to act and includes instruction in recognizing and caring for breathing emergencies and cardiac emergencies for infants, children and adults. It includes use of the AED machine. Also, two person CPR, using a resuscitation mask, and a bag vavle mask

1 year certification for lifeguards

2 year certification for Health Care providers

CPR/FPR Pricing

Cost

With manual and pocket mask	\$ 65.00
With pocket mask only	\$ 55.00
With manual only	\$ 55.00
Without any materials	\$ 45.00

You must attend both dates of classes

Jamestown - class time 6:00-10:00pm

August	Tue. 25th & Wed. 26th
October	Tue. 6th & Thu. 8th
December	Mon. 14th & Tue. 15th

Dunkirk - class time 6:00-10:00pm

July	Tue. 7th & Wed. 8th
September	Mon. 28th & Tue. 29th
November	Wed. 4th & Thu. 5th

Olean - class time 9:00-5:00pm

September	Sat. 26th
October	Sat. 24th

Wellsville - class time 9:00-5:00pm

August	Sat. 8th
October	Sat. 10th

CPR For the Professional Rescuer Review

The review class is designed for renewing a previous certification card. Students taking the review class should have a current CPR/FPR card. The review class consists of a brief instructional review and skills practice before the testing phase. All students are expected to know the material before entering the class.

Jamestown - class time 6:00-10:00pm

July	Mon. 13th
September	Tue. 15th
November	Thu. 19th

Dunkirk - class time 6:00-10:00pm

August	Thu. 6th
October	Wed. 21st
December	Tue. 22nd

Wellsville - class time 6:00-10:00

July	Wed. 1st
September	Wed. 9th
November	Wed. 4th

Babysitter Training Course

Designed for youths aged 11-15 years old. You must be 11 years old at the completion of the course. Covers basic childcare, responsible decision making, safety skills, injury prevention, first aid, and emergency actions.

Cost \$35.00 includes manual and portfolio with small first aid kit and emergency info pad.

All class times are from 9:00am to 3:30pm. Please bring a bagged lunch to class.

Jamestown

	Saturday
August	22nd
October	17th
December	19th

Dunkirk

	Saturday
July	18th
Sept.	26th
Nov.	21st

Olean

	Saturday
July	18th
August	22nd
September	12th
October	17th
November	21st
December	5th

Wellsville

	Saturday
July	25th
Sept.	26th
Nov.	21st

The following courses are held on an as needed basis. Please call your local office for availability and to enroll.

First Aid Responding to Emergencies (RTE)

Designed for camp staff, high schools, universities, and those throughout the community who need a comprehensive first aid and healthy lifestyle course. This 24-hour course covers indepth Community CPR and first aid training for all ages. Cost is **\$90** including the course manual and materials.

Waterfront Lifeguard Training

This course will certify you as a pool and waterfront lifeguard. You will learn about the responsibilities of a lifeguard and how to carry them out in a professional manner. Upon successful completion of the course, you will receive a Waterfront Lifeguard and First Aid card valid for 3 years, and a CPR/FPR/AED card good for one year. Must be 15 years old at completion of course to enroll. Cost of the course is **\$140.00** which includes the manual, pocket mask and lanyard.

Water Safety Instructor (WSI)

Qualifies you to teach all levels of the American Red Cross Learn-to-Swim program. Teaches basic and emergency water safety techniques and procedures. Fundamentals of Instructor Training (FIT) is also included in the course. You must be 16 years of age at the completion of the course and pass a written exam and swimming skills pre-test. **Cost of the course is \$110.00 with manuals.**

Licensed Child Care Provider Training

Adult, Child and Infant CPR and First Aid are offered to **LICENSED** child care providers only. Contact your local office for details and information