

# Water Safety Instructor



**Purpose** Train instructor candidates to teach water safety, including the Basic Water Rescue course, six levels of the Learn to Swim and Parent and Child Aquatics

## Prerequisites

- Be at least 16 years of age by the last scheduled session of the instructor course;
- Possess a Fundamentals of Instructor Training (FIT) certificate issued within the past 12 months or have a current Health and Safety Services Instructor Authorization (F5736 or C3005); and
- Successfully complete the precourse session

## Learning Objectives

- Expand on information on the American Red Cross Fundamentals of Instructor Training (FIT) course;
- Identify key elements and strategies for planning and preparing effective and safe swim lessons;
- Identify key class management principles, elements and strategies for planning, preparing and conducting safe swim lessons;
- Describe the importance of effective observation for teaching and how to develop it; and
- Observe swimming skills and accurately classify them and suggest appropriate interventions to improve them.

## Certification Requirements

- Complete all reading assignments; Attend all class sessions; Participate in all activities;
- Successfully complete all practice-teaching assignments; Pass the final written exam with a minimum grade of 80 percent (40 correct answers out of 50 questions); and
- Demonstrate maturity and responsibility throughout the course.

## Certificate Issued and Validity Period

Water Safety Instructor Authorization is for 2 calendar years. All authorizations expire on December 31. Initial authorization may be less or more depending on when training is completed.

## Participant Materials

*American Red Cross Water Safety Instructor Candidate's Kit* (includes Water Safety Instructor's Manual, including CD-ROM, Swimming and Water Safety manual, Water Safety Handbook, Learn-to-Swim booklets) Whales Tales and Fundamentals of Instructor Training Manual

## Cost

\$110.00 including all manuals and materials

## Location

Jamestown Boys & Girls Club  
62 Allen St.  
Jamestown, NY

## Course Dates:

<b>June 20</b>	<b>9:00-6:00p</b>
<b>June 21</b>	<b>9:00-6:00p</b>
<b>June 26</b>	<b>6-9 Jmst Red Cross</b>
<b>June 27</b>	<b>9:00-6:00p</b>

**A minimum of 5-6 participants is required.  
Please sign up early. This will be the last opportunity to hold the class before fall.**